

UnitedHealthcare

MetLife Advocate Managing Costs video transcript (0:58)

- Are you ready to put the X in expert?
- I sure am.
- That is a very excellent question, and one we get almost every day.
- For starters, we can help you understand how your health plan works, find savings on medical expenses, ensure your providers are in network, and identify lower cost options by virtual care.
- And we can also connect the dots with your health plan to help find the right care when you need it. Whether it's for joint pain, weight loss, or another specific health need, you may be surprised by the options available to you.
- There's really no question too big or too small. If it's about your health plan.
- We are here to help.